

<i>Week 5</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>AM Snack (with milk &amp; water)</i>	<i>Greek Yogurt Fruit</i>	<i>Crumpets</i>	<i>Toast</i>	<i>Cereal</i>	<i>Porridge</i>
<i>Lunch (with water)</i>	<i>Mixed Bean Pasta Vegetables Included</i>	<i>Roast Pork, Roast Potato, Carrots &amp; Cabbage</i>	<i>Chicken &amp; Vegetable Risotto</i>	<i>Fish Pie Carrots &amp; Broccoli</i>	<i>Beef Lasagna with Mixed Vegetables</i>
<i>Vegetarian/Vegan Meal (with water)</i>	<i>Mixed Bean Pasta Vegetables Included</i>	<i>Quorn Roast, Roasted Vegetable Roasted Potato</i>	<i>Vegetable Risotto</i>	<i>Cheese, Leeks &amp; Potato Pie with Carrots &amp; Broccoli</i>	<i>As Above</i>
<i>Babies Lunch (with water)</i>	<i>As Above</i>	<i>Roast Chicken, Roast Potato, Carrots &amp; Cabbage</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>
<i>Dessert Fruit is served daily as an alternative</i>	<i>Apple Strudel with Custard</i>	<i>Pear Sponge with Custard</i>	<i>Key Lime Pie</i>	<i>Jelly &amp; Ice Cream</i>	<i>Cherry &amp; Sour Cream Slice with Crème Fraiche</i>
<i>PM Snack (with milk &amp; water)</i>	<i>Crackers, Cream Cheese &amp; Cucumber</i>	<i>Hummus Bread &amp; Vegetable Stick's</i>	<i>Tomato &amp; Parmesan Whirls</i>	<i>Shortbread Biscuits</i>	<i>Fruit</i>
<i>Tea (with water) Fruit is served daily as an alternative</i>	<i>Jacket Potato with Tuna &amp; Sweetcorn Mayonnaise</i>	<i>Assorted Sandwiches with Vegetable Sticks</i>	<i>Macaroni Cheese with Peas</i>	<i>Savoury Muffins with Vegetable Sticks</i>	<i>Chicken Goujons Baked Beans Toast</i>
<i>Vegetarian/Vegan Tea</i>	<i>Cheese &amp; Beans Jacket Potato</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>Vegetable Fingers As Above</i>
<i>Babies Tea (with water)</i>	<i>As Above</i>	<i>Tomato Pasta Including Peas &amp; Cheese</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above with Jacket Potato</i>
<i>Dessert</i>	<i>Strawberry / Lemon Mousse</i>	<i>Banana &amp; Ice Cream</i>	<i>Orange &amp; Blueberry Muffins</i>	<i>Rock Cakes</i>	<i>Mango Pannacotta</i>

*Information : Menus are subject to change due to celebrations, events & availability of stock, contact Lower Covey Nursery if further information is required 01935 488215*