

<i>Week 6</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>AM Snack (with milk & water)</i>	<i>Cereal</i>	<i>Toast</i>	<i>Porridge</i>	<i>Greek Yogurt with Mixed Berries</i>	<i>Pancakes</i>
<i>Lunch (with water)</i>	<i>Roast Gammon with Carrots & Broccoli</i>	<i>Roasted Vegetables Rice Baked Mozzarella</i>	<i>Sausage, Bean & Vegetable Pasta</i>	<i>Chicken & Chorizo Spanish Rice with Mixed Vegetables</i>	<i>Red Lentil & Vegetable Dahl with Rice</i>
<i>Vegetarian/Vegan Meal (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>Vegetable Spanish Rice</i>	<i>As Above</i>
<i>Babies Lunch (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>
<i>Dessert Fruit is served daily as an alternative</i>	<i>Flapjack with Cream</i>	<i>Apricot Crumble with Custard</i>	<i>Plums in Plum Jam Sponge with Custard</i>	<i>Fruit Trifle</i>	<i>Lemon Cheesecake</i>
<i>PM Snack (with milk & water)</i>	<i>Cheese Chunks Apples / Grapes</i>	<i>Tuna Mayonnaise Dip with Vegetable Sticks & Pitta Bread</i>	<i>Fruit</i>	<i>Hummus with Vegetable / Bread Sticks</i>	<i>Apple Bites</i>
<i>Tea (with water) Fruit is served daily as an alternative</i>	<i>Scrambled Egg & Spaghetti on Toast</i>	<i>Cheese & Potato Pie with Baked Beans</i>	<i>Fish Fingers, Potato Croquettes with Corn on the Cob</i>	<i>Spaghetti Carbonara including Peas</i>	<i>Assorted Wraps Vegetable Sticks</i>
<i>Vegetarian/Vegan Tea</i>	<i>As Above</i>	<i>As Above</i>	<i>Vegetable Fingers, Potato Croquettes with Corn on the Cob</i>	<i>As Above</i>	<i>As Above</i>
<i>Babies Tea (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>
<i>Dessert</i>	<i>Tinned Fruit & Ice Cream</i>	<i>Fruit Yogurt</i>	<i>Scones with Jam & Cream</i>	<i>Old School Cake (Traybake)</i>	<i>Tea bread</i>

Information : Menus are subject to change due to celebrations, events & availability of stock, contact Lower Covey Nursery if further information is required 01935 488215