

<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>AM Snack (with milk & water)</i>	<i>Cereal</i>	<i>Porridge</i>	<i>Pancakes</i>	<i>Cereal</i>	<i>Greek Yoghurt, Berries and Banana</i>
<i>Lunch (with water)</i>	<i>Savoury Mince, Mashed Potato and Cabbage</i>	<i>Cheesy Bean & Lentil Bake with Vegetables</i>	<i>Macaroni Cheese, Broccoli and Cauliflower Bake with Peas</i>	<i>Sweet and Sour Chicken & Vegetables with Rice</i>	<i>Pork and Vegetable Curry with Rice</i>
<i>Vegetarian/Vegan Meal (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>Sweet and Sour Roasted Vegetables with Rice</i>	<i>Vegetable Curry with Rice</i>
<i>Babies Lunch (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>Sweet and Sour Chicken with Rice</i>	<i>As Above</i>
<i>Dessert Fruit is served daily as an alternative</i>	<i>Self-Saucing Lemon Sponge and Cream</i>	<i>Pineapple Upside Down Cake with Custard</i>	<i>Poached Pears with Ice Cream</i>	<i>Apple Crumble with Crème Fraiche</i>	<i>Chocolate Sponge with Chocolate Sauce</i>
<i>PM Snack (with milk & water)</i>	<i>Marmite Whirls</i>	<i>Crackers, Cheese Chunks, Grapes and Apple</i>	<i>Flapjack</i>	<i>Rice Cakes, Cream Cheese and Cucumber</i>	<i>Savoury Muffins</i>
<i>Tea (with water) Fruit is served daily as an alternative</i>	<i>Tuna Pasta Bake With Sweetcorn</i>	<i>Fish Fingers and Spaghetti on Toast</i>	<i>Vegetable Soup and Toast</i>	<i>Jacket Potatoes with Assorted Fillings</i>	<i>Assorted Sandwiches and Vegetable Sticks</i>
<i>Vegetarian/Vegan Tea</i>	<i>As Above</i>	<i>Vegetable Fingers and Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>
<i>Babies Tea (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>Cheese on Toast</i>
<i>Dessert</i>	<i>Fruit Yoghurt</i>	<i>Shortbread</i>	<i>Banana Custard</i>	<i>Fruit Toast</i>	<i>Rice Pudding</i>

Information : Menus are subject to change due to celebrations, events & availability of stock, contact Lower Covey Nursery if further information is required 01935 488215