

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>AM Snack (with milk &amp; water)</i>	<i>Porridge</i>	<i>Cereal</i>	<i>Toast</i>	<i>Crumpets</i>	<i>Porridge</i>
<i>Lunch (with water)</i>	<i>Fish &amp; Chorizo Risotto Including Vegetables</i>	<i>Spaghetti Bolognese</i>	<i>Roast Chicken, Roast Potato, Carrots &amp; Cabbage</i>	<i>Cauliflower Cheese &amp; Broccoli Pasta Bake with Mixed Vegetables</i>	<i>Sausages, Mashed Potato, Carrots &amp; Green Beans</i>
<i>Vegetarian/Vegan Meal (with water)</i>	<i>Vegetable Risotto</i>	<i>Vegetable Bolognese</i>	<i>Roast Quorn Roast Potato, Carrots &amp; Cabbage</i>	<i>Cauliflower Cheese &amp; Broccoli Pasta Bake with Mixed Vegetables</i>	<i>Quorn Sausages, Mashed Potato, Carrots &amp; Green Beans</i>
<i>Babies Lunch (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>
<i>Dessert Fruit is served daily as an alternative</i>	<i>Jam &amp; Coconut Sponge with Custard</i>	<i>Mandarin Tiramisu</i>	<i>Fruit Strudel &amp; Ice Cream</i>	<i>Mixed Dried Fruit Sponge &amp; Custard</i>	<i>Semolina Pudding</i>
<i>PM Snack (with milk &amp; water)</i>	<i>Fruit</i>	<i>Rice Cakes, Cucumber, Pate / Cream Cheese</i>	<i>Hummus Pitta with Vegetable Sticks</i>	<i>Marmite Whirls</i>	<i>Dips with Vegetable Sticks &amp; Bread Sticks</i>
<i>Tea (with water) Fruit is served daily as an alternative</i>	<i>Jacket Potato Cheese &amp; Beans</i>	<i>Tuna Melt or Cheese &amp; Tomato on Toast</i>	<i>Hidden Vegetable Pata</i>	<i>Burrito Style Wraps Vegetable Sticks</i>	<i>Sweet Potato &amp; Butternut Squash Soup with Bread Rolls</i>
<i>Vegetarian/Vegan Tea</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>
<i>Babies Tea (with water)</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>	<i>As Above</i>
<i>Dessert</i>	<i>Rice Pudding</i>	<i>Baked Plums with Custard</i>	<i>Fruit &amp; Yogurt</i>	<i>Butterscotch Angel Delight</i>	<i>Scones with Jam &amp; Cream</i>

*Information : Menus are subject to change due to celebrations, events & availability of stock, contact Lower Covey Nursery if further information is required 01935 488215*